

# Bring a Sense of Harmony and Peace Into Your Life With Luz Shanti

**Sat. August 5, 1- 2:30 PM**

**\$25 Pre-Registration  
\$30 Walk-In**



***Harmonize the body, balance the mind,  
and release emotional tension with  
Sound Yoga.***

**Note: This workshop can be purchased individually for \$25, or as part of a package of 4 workshops with Luz for an investment of \$90.**

**Held at: Collegeville Yoga Bar, 50 Second Avenue, Suite 3, Collegeville, PA 19426  
CollegevilleYogaBar.com, 610-733-8918, CollegevilleYogaBar@verizon.net**

**LuzShanti.com      484-767-0180  
MRY0303@gmail.com**

# Awaken your Creativity and Unlimited Potential With Luz Shanti

**Sat. July 15, 1- 2:30 PM**

**\$25 Pre-Registration  
\$30 Walk-In**



The use of sound and mantras is an empowering new way to work with your brain. They help to achieve emotional balance, mental clarity and good health, while awakening a higher level of awareness.

Enjoy clearing your mind and setting yourself up for the best day ever!

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# Activate Your Prosperity and Abundance Frequency

With Luz Shanti

Sat. July 22, 1- 2:30 PM

**\$25 Pre-Registration**  
**\$30 Walk-In**



**Replace all forms  
of scarcity from  
your  
consciousness  
with Prosperity &  
Abundance**

Learn to use intention, your breath and mantras to remove blockages and obstacles, thus accessing the dormant part of your own consciousness. The sound "Shreem Brzee" is one of the most powerful sounds to generate material wealth. Financial abundance, positive romance and relationships, a disease-free body, and a life free from suffering are all in the domain of Shreem Brzee.

**Note: This workshop can be purchased individually for \$25, or as part of a package of 4 workshops with Luz for an investment of \$90.**

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# **Toning to Change Limiting Thoughts and Beliefs**

## **With Luz Shanti**

**Sat. July 29, 1- 2:30 PM**

**\$25 Pre-Registration**  
**\$30 Walk-In**



This powerful practice uses vocal toning to target areas of the brain that release limiting thoughts and beliefs, thus removing the inner conflicts that sap our vitality and sense of self. The intelligence of the body does the rest, leaving you feeling more at ease, centered and peaceful.

**Note: This workshop can be purchased individually for \$25, or as part of a package of 4 workshops with Luz for an investment of \$90.**

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